

Resource Books for Parents of Teens

Boundaries With Teens: When To Say Yes, How To Say No.

by Dr. John Townsend

Zondervan; New Edition 2006

Guidance to help you help teens take responsibility for their actions, attitudes and emotions and gain deeper appreciation and respect both for your and their own lives.

Delivered From Distraction

by Edward M. Hallowell, M.D. and John J. Ratey, M.D.

Ballantine Books 2006

Getting the most out of life with Attention Deficit Disorder

Driven To Distraction : Recognizing and Coping with Attention Deficit Disorder from Childhood Through Adulthood

by Edward M. Hallowell, M.D. and John J. Ratey, M.D.

Ballantine Books 1995

Recognizing and coping with Attention Deficit Disorder from childhood through adulthood - once you recognize it, you see it everywhere.

How To Help Your Child Become Drug Free

by David Gust, Sheila Walker, Jon Daily

FinishLine-Print Specialists; first edition 2006

A Guide for Parents of Adolescents and Young Adults with Substance Abuse or Addiction

It Will Never Happen to Me: Growing Up With Addiction As Youngsters, Adolescents, Adults

by Claudia Black, Ph.D.

Hazelden; 2 edition 2001

A must read for anyone raised in an addictive household or where addiction is currently impacting family life.

Lost & Found: A Mother and Son Find Victory Over Teen Drug Addiction

by Christy Crandell with Cynthia Cutts

Establish healthy boundaries: maturity, safety, and growth for teens and the adults in their lives. Help for raising teens to take responsibility for their actions, attitudes, and emotions.

Parenting From The Inside Out

by Daniel Siegel, Mary Hartzell

Tarcher/Penguin 2004

How a deeper self-understanding can help you raise children who thrive

Parenting Your Teenager

by David Elkind, Ph.D.

Ballantine Books 1996

Provide practical, sensible advice on all the tough challenges and choices that teenagers and their parents face

Positive Discipline For Teenagers (Revised 2nd Edition)

by Jane Nelsen, Ed.D., and Lynn Lott, M.A.

Three Rivers Press 2000

Empowering your teen and yourself through kind and firm parenting

Positive Parenting From A to Z

by Karen Renshaw Joslin

Ballantine Books 1994

Concrete age-specific solutions to more than 140 child misbehaviors

Unmasking Sexual Con Games Parent Guide

by Ron Herron and Kathleen M. Sorensen

Boys Town Press 1998

Helping kids recognize and protect themselves from sexual harassment and abuse, set healthy personal boundaries and develop good relationships

Resource Books for Teens

Unmasking Sexual Con Games: Teen Guide (3rd edition)

by Kathleen M. McGee and Laura J. Buddenberg

Boys Town Press 2003

A teen's guide to avoiding emotional grooming and dating violence